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(54) **BACTEROIDES CECT 7771 AND THE USE THEREOF IN THE PREVENTION AND TREATMENT OF EXCESS WEIGHT, OBESITY AND METABOLIC AND IMMUNOLOGICAL ALTERATIONS**

(71) Applicant: **Consejo Superior de Investigaciones Científicas**, Madrid (ES)

(72) Inventors: **Yolanda Sanz Herranz**, Valencia (ES); **Paola Gauffin Cano**, Valencia (ES); **Yolanda Arlette Santacruz**, Valencia (ES); **Ángela Moya Pérez**, Valencia (ES); **Moisés Laparra Llopis**, Valencia (ES)

(73) Assignee: **Consejo Superior de Investigaciones Científicas**, Madrid (ES)

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See application file for complete search history.

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*Primary Examiner* — Padma V Baskar

(74) *Attorney, Agent, or Firm* — Marshall, Gerstein & Borun LLP

(57) **ABSTRACT**

The invention relates to a strain of *Bacteroides uniformis* with registration number CECT 7771, and to the cellular constituents, metabolites and/or secreted molecules thereof. The invention also relates to a composition (nutritional or pharmaceutical) comprising at least one of the previous products. The invention further relates to the use of a strain of *Bacteroides uniformis*, preferably CECT 7771, or of the cellular constituents, metabolites and/or secreted molecules of said strain, or of a composition comprising same, for the prevention and/or treatment of alterations such as excess weight, obesity, adipocyte hypertrophy, hepatic steatosis or fatty liver, dyslipidemia, hyperglycemia, insulin resistance and diabetes, metabolic syndrome, hypertension, cardiovascular diseases, dysfunction of the immune system, reduced defenses against infections, and imbalance in the composition of the intestinal microbiota.